

Thank you so much for purchasing the Kindle version of HOPE – Thriving While Unemployed. Since you cannot print from a Kindle we've created these documents so that you could print what you needed when you needed it.

We hope the following forms are helpful to you.

- Temporary Jobs
- Self Employment Jobs and Careers
- Inspiring Books
- Financial Inventory
- Food Inventory
- Things to Sell
- Things to Sell if Needed
- Unemployment Worksheet
- Monthly Spending Plan
- Network Tracking Sheet

Financial Inventory

Cash:	Bills:		
On Hand _____	Due	Payable To	Amt
Checking Acct _____	_____	_____	_____
Checking Acct _____	_____	_____	_____
Saving Acct _____	_____	_____	_____
Saving Acct _____	_____	_____	_____
 	_____	_____	_____
Total Cash _____	_____	_____	_____
 	_____	_____	_____
Investments:	_____	_____	_____
Savings Bonds _____	_____	_____	_____
Non Retirement Acct _____	_____	_____	_____
Non Retirement Acct _____	_____	_____	_____
Retirement Acct _____	_____	_____	_____
Retirement Acct _____	_____	_____	_____
 	_____	_____	_____
Total Investments _____	_____	_____	_____
 	_____	_____	_____
Other Assets that can be converted to cash:	_____	_____	_____
	_____	_____	_____
	_____	_____	_____

Food Inventory

Pantry Items

Freezer Items

Meals I can make:

Unemployment Worksheet

What marketable skills do I have?

What marketable degrees or certifications do I have?

What jobs have I had in the past? What have I enjoyed about them? Not enjoyed about them?

What do I want to be doing 5 years from now?

What can I do now to help reach that goal? Do I need to go to school, take continuing education, get a certification? Do I need to put together a business plan for a new business?

Month of _____

Monthly Expenses	Monthly Income	Total Monthly Expenses
Mortgage/Rent _____	Date Source Amt	_____
Utilities _____	_____	Total Monthly Income
Food _____	_____	_____
Auto payment _____	_____	Extra Income Needed
Auto insurance _____	_____	(Expenses – Income = Extra Needed)
Life insurance _____	_____	Extra Income Ideas:
Medical insurance _____	_____	
Debts	_____	
_____	_____	
_____	_____	
_____	_____	
_____	_____	
_____	_____	
_____	_____	
Miscellaneous	_____	
_____	_____	
_____	_____	
_____	_____	
_____	_____	
_____	_____	
Total Monthly Expenses	_____	
_____	_____	

